



## Project Challenge video

**Lorna:** "Project Challenge erm has got three programmes under its umbrella, okay? There's a re-engagement programme called NEET and that's for young people who aren't doing anything, to get them back into a routine. Then we've got another programme called Activate. And that's a little bit of a step up where they do some qualifications and some maths and English. And then we've got our other programme which is Project Challenge. That is a bit more challenging because that's all based around residentials and expeditions. All of them, the theme though, is about making young people feel good about themselves, building on their confidence and their self-esteem." **Jemma:** "Here we're sat with Seanna, another young person from Project Challenge.

Hi Seanna."

**Seanna:** "Hiya."

**Jemma:** "How long have you been on the training course?"

**Seanna:** "About eight months now."

**Jemma:** "What have you enjoyed the most?"

**Seanna:** "Boxing, walking and all the sport activities."

**Jemma:** "Do you get any financial incentives like your dinner, your bus pass?"

**Seanna:** "I don't get my dinner but they'll give me £10 for a bus pass."

**Jemma:** "Do you get like a bursary or anything?"

**Seanna:** "Yeah, £40 a week."

**Jemma:** "You currently studying maths and English?"

**Seanna:** "Yeah, I really enjoy it. My English has improved since I started the course and... But I don't like maths."

**Jemma:** "Would you recommend other young people to this course?"

**Seanna:** "Yeah, it builds confidence up and you get used to being around people. Cos I were right nervous at first, when I first started, but I've got to know everyone and I really like it now."

**Jemma:** "What are the other people like on the course?"

**Seanna:** "They're really nice. Really nice."

**Jemma:** "Thank you."

**Jemma:** "Would you recommend other young people to come here, and can you think of a reason why?"

**Kieron:** "Yeah, yeah, it's good yeah. You get some... You build your confidence up. Like talk to other people. It's good. I enjoy it."

**Jemma:** "What do you do, like, on your course?"

**Kieron:** "This erm this one, we do Tuesdays it's boxing. Wednesdays we've been doing

health and safety, fire safety. And Thursdays it's maths and English."

**Jemma:** "So, like preparation for life skills?"

**Kieron:** "Yeah."

**Jemma:** "Okay, thank you."